

A spiral is moving towards me, it's made up of tiny, wee dots, and it's very faint. It's come in from the left, and although it seemed to be rotating towards the centre, it's now stuck. It appears to be about a hand-stretch away, so about three feet ...

What's the size?

Well that's hard to establish, the size keeps changing. It's getting brighter all the time, but the brightness is fluctuating. I have to concentrate very hard to see single dots; if I don't, the spiral simply becomes a single line. It's still getting brighter ... it's also gaining in colour ... this is all happening gradually and consistently though. It's still stuck in its original position, so it's still on my left-hand, slightly tilted towards the centre.

What colour is it?

Um ... well, something like a sea-green, but it's not distinct enough to establish with certainty. The colour appears darker towards the centre of the dots and lighter towards the edges, which gives it a semblance of plasticity. If I close my eyes ... the spiral is gone. So it's definitely occurring in front of the eye, like a projection. The dots aren't pulsating so much anymore, and the spiral is a lot clearer now. Everything around the spiral is totally dark ... dark to an extent I've never experienced. I've actually never experienced this kind of silence either; whenever I don't speak ... there is the most amazing silence.

When I try to focus on the spiral, it becomes more distinct, yet it tends to fade away very quickly. One way to hold on to it is by focusing around it instead of directly upon them, but then I lose the clarity. I'm watching the light decrease ... I can see the vibrating dots, they're faint but present ... the spiral is slowly falling apart though. It's beautiful to witness, almost like when the sun bleeds when it sinks.

The spiral has completely gone ... I've been staring at the darkness for about two or three minutes now ... which is a guess because my sense of time is totally out of whack. How long have I been in here?

About 45 minutes.

Oh, ok well I'll report back when something evolves.

Ok.

I think I'm seeing something, but it's too faint to be sure.

what do you ... ?

There are waves of lights, vertical waves of light forming, slightly lighter and grainier than the blackness all around me. It sort of looks like an old, badly-scratched film.... - but again I ...

Give it some time. Try not to concentrate too hard on it.

Ok. There are these interlacing waves of light all over the place. They're alternately pulsating from bright to dark, although they don't become totally dark - they still stand out from the blackness. And the pulsating is faint. I'm beginning to notice that they pulse synchronously with my breathing. They appear and disappear with each breath. Everything is becoming with each breath. I can't feel my body at all, which is actually very uncomfortable.

The situation is changing rapidly. Four or five tiny stars little have appeared right the middle. They form a macular star-pattern consisting of bright radial spokes, about four larger ones and two smaller ones. I can hardly see them because they are so small and blurred.

The waves of light have turned into a dark jade green, much lighter then the background though. They've stopped pulsating and more and more stars are appearing. They are a fuchsia type of red, very deep and intense. I'm stretching my arm out now, they are just beyond my reach. They look like those fireflies you sometimes see or like sparks exploding. The stars turn slightly yellow the moment they disappear into darkness.

More and more stars are being born all the time, they've multiplied rapidly, I'm seeing hundreds now, it's becoming harder to describe ... it's a very intense sensation to be in the midst of these stars ... I see gold and white lights, it's like watching fireworks.

Are the stars moving at all?

As well as coming and going, the stars are constantly rotating. There are groups of three stars, like little triangles constantly colliding with each other. They collide and recede, like magnets. They are moving frantically, but the triangles they form are very small, and so the movement they make is minimal ... it looks more like a slight trembling.

Try focussing on a single group of stars, see what happens.

Ok, I'm focussing on a group right in the middle. I can see them going from deep red, to yellow, to an almost golden explosion before they suddenly disappear. When I focus on the stars, it seems like the rest of the environment becomes lighter. The dark green waves I saw before are now brownish. There is a sudden bright red glow around me coming out of nowhere. If I concentrate on the starts they become three-dimensional and at the same time the red glow becomes more intense.

The star-triangles are moving towards me and it feels like I can to move towards them ... I see them much closer now. They're almost transparent. I've lost the ability to hold on to a single

triangle ... because they're everywhere now. I can almost feel them cutting into me, like tiny sparks of electricity. There are hot little sparks on my skin ... god it's unnerving.

I've been sitting still, observing the stars, and I have discovered that they follow the movement of my eyes. I'm moving my eyes from right to left now, and they are echoing this movement like a kite on a string. I'm moving my eyes and my head in all directions, and the stars follow me.

I'm now trying to coordinate them to form a spiral; I'm doing this by moving my head in a circle ... and it's working!

Silence.

I've been sitting motionless for about two minutes now. The darkness is increasing, it's moving in from the sides. It feels like it's choking me. I'm looking at the stars but they are gradually disappearing. I can still see them, but they are fading. Ah, they're gone. I've lost the stars. There is a terribly uncomfortable blackness closing in on me , sort of pushing its way towards the centre of my eyesight, like a black wave or something. I'm seeing another entity taking shape, literally unfolding, like a flower, multiplying ...

Describe the shapes for me.

Well, everything is starting to glow ... there's a hazy rose-colored light everywhere which is getting stronger. I'm seeing multiple hexagrams with a jagged edges lined with a jelly-like cytoplasm. Some parts, or actually, the upper and lower parts glow like rainbow. And in the centre of the hexagram there is a complicated mesh of glowing green, blue and red lines, it's sort of chaotic. They are becoming stronger and more visible as I watch them, but they're so thin, it's hard to discern anything at all.

The hexagrams are still multiplying. God, would take an hour to describe one second of what's happening accurately.

Please try, keep focused, try focusing on a single form or part of your view.

The hexagrams are merging together like one big flower. The whole thing seems to be floating and alive. The colours fade and glow in a wave. It's magnificent. It's very elegant yet surprisingly systematic how the flower is taking shape. Unlike the frantic behaviour of shapes I've seen before this entity seems to multiply organically.

Silence

I think the whole thing is coming towards me. I'm not sure where this is going. It's definitely coming towards me. It's very hard to focus upon a single element. I'm sorry it's very hard to ...

Would you like to stop?

Oh no, it's fine, it's not disturbing. It's just that what I'm seeing is too complex to put into words.

Keep on going, keep on trying, you're doing fantastically ...

Silence

The flower is closing in on me. It's enveloping me, like it's swirling around me. It feels like I'm floating in a spectacle of light. I'm seeing tiny thin lines, as if they're being softly blown by the wind.

I'm spinning around, covered in shapes and colours. It feels like I'm disappearing into the spectacle.

This is ... truly the most amazing sight I have ever seen.